


Student Assistance Services
660 White Plains Road
Tarrytown, NY 10591

**CRITICAL ISSUES FOR
ADOLESCENTS
EVIDENCE BASED STRATEGIES
FOR PROFESSIONALS:
Bullying, Prescription Drug
Abuse, the Economy, &
Emotional Regulation**



**October 26, 2011
8:00 am to 3:00 pm
The DoubleTree, Tarrytown, NY**

Sponsored by
Student Assistance Services Corp., So. Westchester
BOCES, Family Institute of Westchester, Caron,
Student Advocacy, Hope's Door

Westchester
gov.com
SAS is a contract agency of the
Westchester County Dept. of
Community Mental Health,
and STOP DWI Program



AGENCIES INFORMATION

Caron Treatment Centers is a nationally recognized non-profit provider of alcohol and drug addiction treatment. With more than 50 years in the field, Caron is one of the oldest and largest facilities offering primary, relapse and extended residential treatment for adolescents, young adults, and adults, as well as families affected by the disease of addiction. For information call: 800-678-2332 or visit www.caron.org.

The Family Institute of Westchester is an internationally recognized postgraduate training institution for marriage and family therapy. Faculty, AAMFT – approved supervisors, provide didactic courses and supervisory hours that can be credited for CEU's, state licensure and AAMFT clinical membership. Our multigenerational model of family therapy integrates the contexts of gender, race, ethnicity, class and sexual orientation. For information call: 914-777-3909, visit: www.fiwny.org, or email: info@fiwny.org.

Hope's Door seeks to end domestic violence and to empower victims to achieve safety, independence and healing from the trauma of abuse. Our services are free and confidential. For help, call our 24-hour hotline at 888-438-8700 or visit www.HopesDoorNY.org.

RespectU, LLC is an organization dedicated to providing training and consultation on bully prevention and management services to families, camps, schools, sports teams and organizations. For information visit www.respectu.com.

Student Assistance Services is a private, non-profit corporation that operates the Student Assistance Program, the Residential Student Assistance Program, Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students), the Reduce Our Adolescent Drinking/Drugging and Driving (ROADD) Program, the Employee Assistance Program Services, New Rochelle FOCUS, the Bullying Prevention Program, the Alcohol Awareness Program, and the Intervention Service for facilitating treatment involvement. SAS also provides training and consultation on adolescent alcohol and drug issues, bullying prevention, social and emotional learning, and gambling prevention to community coalitions, schools, professionals and community groups. SAS operates programs in over 60 Westchester and Rockland schools, and two residential schools. In addition, SAS programs have been replicated in 42 states, and in Canada. For information call 914-332-1300 or visit the website at www.sascorp.org.

The mission of Student Advocacy is to get students on track to graduate by advocating improved educational opportunities, protecting educational rights and fostering effective communication between families and schools. Our services include advocating for children to obtain the help each child needs at school, helping families access community services critical to school success, educating parents and professionals about educational rights, and advocating to change educational policies and practices. For information call (914) 347-3313 or visit www.studentadvocacy.net

DIRECTIONS to The DoubleTree Hotel Tarrytown

455 South Broadway, Tarrytown, NY 10591
(914) 631-5700

From New York City: North on West Side Highway to Saw Mill River Parkway to Exit 20(I 287 West-Tappan Zee Bridge) to New York State Thruway I 87(North). Take exit 9 Tarrytown (Last exit before the Tappan Zee Bridge). At the end of the exit ramp turn left onto Route 119 West. Continue to the end of the road and turn left at the traffic light onto Route 9 South. At the 1st traffic light turn right into hotel parking lot.

From Westchester: Take 287 West to the New York State Thruway (I-87) North, take exit 9 Tarrytown (last exit before the Tappan Zee Bridge). At the end of the exit ramp turn left onto Route 119 West. Continue to the end of the road and turn left at the traffic light onto Route 9 South. At the 1st traffic light turn right into hotel parking lot.

From Upstate New York: Take the New York State Thruway (I-87) to exit 9 Tarrytown (last exit before the Tappan Zee Bridge). At the end of the exit ramp turn left onto Route 119 West. Continue to the end of the road and turn left at the traffic light onto Route 9 South. At the 1st traffic light turn right into hotel parking lot.

From Long Island: Throgs Neck or Whitestone Bridge to New York extension of New England Thruway to I 287 to New York State Thruway I 87(North). Take exit 9 Tarrytown (Last exit before the Tappan Zee Bridge). At the end of the exit ramp turn left onto Route 119 West. Continue to the end of the road and turn left at the traffic light onto Route 9 South. At the 1st traffic light turn right into hotel parking lot.

From New England: Boston Post Road or Connecticut Turnpike to I 287 West to New York I 87 Thruway (North). Take exit 9 Tarrytown (last exit before the Tappan Zee Bridge). At the end of the exit ramp turn left onto Route 119 West. Continue to the end of the road and turn left at the traffic light onto Route 9 South. At the 1st traffic light turn right into hotel parking lot.

*Approval of CASAC & CPP Credit
Hours Pending*

FOR CONFERENCE INFORMATION

call: (914) 332-1300
visit: www.sascorp.org
email: diane.murgalo@sascorp.org

8:00

REGISTRATION & COFFEE

8:45:10:45

MORNING PLENARY SESSIONS

1. BULLYING

Emily Waldman, JD, Associate Professor of Law, Pace University; Chair of Education Law Section of the American Association of Law Schools

This session will discuss the delicate balance that schools must chart between protecting student victims from verbal harassment and protecting student speakers' free speech rights. The unresolved questions of how much authority schools have over students' off-campus speech on the internet will be examined. Response: Isabel Burk, MS, CPP, CHES, Coordinator of School Safety, SW BOCES.

The process of revising, implementing and supporting policies, Codes of Conduct and procedures will be outlined, including strategies for engaging parents, students, and staff.

2. PRESCRIPTION DRUG ABUSE

Marc Fishman, MD, Board certified in addiction psychiatry and addiction medicine; faculty Johns Hopkins University School of Medicine; Medical Director, Maryland Treatment Centers; Clinical Specialist in treatment of drug-involved and dual-diagnosed adolescents; Chair of the Treatment Criteria Committee for American Society of Addiction Medicine (ASAM)

This session will describe the growing problem of adolescent opiate and prescription drug abuse: scope of the problem, assessment, clinical features, and implications for differential treatment approaches, including integration of relapse prevention medications with counseling. Mental health problems in drug involved adolescents will also be addressed.

3. THE ECONOMY

Pat Colucci-Coritt, LCSW, LMFT, Ph.D, Director, The Family Institute of Westchester, AAMFT approved supervisor; and Private Practice in White Plains, NY and Stamford, CT.

This session will describe how individuals, couples, and families through the life cycle have been impacted by economic pressures and their diminished capacity to adapt to new realities. Strategies for discussing this taboo topic and interventions for families with children and teens will be presented.

Response: Gay French-Ottaviani, LCSW, CP, Director of Nonresidential Services, Hope's Door.

The role of economic pressures in domestic violence and the impact on teens will be presented.

10:45 - 11:00

COFFEE BREAK

11:00 - 12:30

KEYNOTE

ADDRESSING ADOLESCENT EMOTIONAL REGULATION & STRESS

Judith Siegel, Ph.D., LCSW, Associate Professor, Silver School of Social Work, New York University

Author: What Children Learn From Their Parent's Marriage; and Stop Overreacting: Effective Strategies For Calming Your Emotions

Difficulty in emotional regulation is a factor in bullying, substance abuse, and many other issues. This presentation will provide adolescent-specific strategies for emotional regulation.

12:30 - 1:30

LUNCH (Included)

1:30 - 3:00

AFTERNOON SESSIONS

4. BULLYING

Intervening with Teens & Parents

Andrea Fallick, LCSW, Assistant Director for School Based Programs, Student Assistance Services; Certified Olweus Bullying Prevention Trainer and an Olweus Technical Assistance Consultant

- Clinical & programmatic strategies for students who bully, bystanders, and victims.

Joel Haber, Ph.D, Author: Bully Proof Your Child For Life: Protect Your Child from Teasing, Taunting, & Bullying For Good! Private Practice, White Plains, NY; owner Respect U, LLC

- Clinical strategies for parents of youth who bully and victims

TBA Student Advocacy

- Determining when parent advocacy is needed

5. PRESCRIPTION DRUG ABUSE

Treatment Strategies

Marc Fishman, MD, (Must attend #2 am session)

This session will describe the role of medications in effectively treating adolescent opiate and prescription drug abuse and build on the morning presentation with case illustrations. Practical strategies for detoxification, relapse prevention, treatment of co-occurring psychiatric disorders, patient and parent engagement, and differences with treatment for alcohol and marijuana abuse will be presented.

6. THE ECONOMY

Counseling Families with Teens

Ruth Rosen Cohen, LCSW, Director of Training, The Family Institute of Westchester; adjunct faculty Columbia University School of Social Work and Smith College School of Social Work; lecturer at New York University's School of Social Work; AAMFT approved supervisor; Private Practice in NYC and White Plains, NY.

This session will discuss strategies for helping families with adolescents navigate the current recession. Strategies for maintaining appropriate family boundaries and discussing family assets, spending choices, earning expectations, and parental values about money will be provided.

Approval of CASAC & CPP Credit Hours Pending

REGISTRATION -- Fee: \$60 (includes lunch)

Discounts for multiple registrations received at same time from same agency or school

Make check payable and mail to: Student Assistance Services, 660 White Plains Rd, Tarrytown, NY 10591

Name: _____
Email: _____
Agency/School: _____
Address: _____
City/State/Zip: _____
Daytime Phone: _____ Alternate Phone: _____
Circle AM Plenary Choice: 1 2 3 Circle PM Session Choice: 4 5 6 Do you require a vegetarian meal: Yes No
Credit Card: VISA Master Card American Express ~Credit Card #: _____ Exp. Date: ____/____/____

Note: No registration confirmation will be sent. No refunds will be made after October 21st.

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FOR CONFERENCE INFORMATION call: (914) 332-1300 ~ visit: www.sascorp.org ~ email: diane.murgalo@sascorp.org
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